**LIFE CHART**

**BOLD FACE: What the experimenter says**

Regular font: instructions for administrator or the responses to be filled in.

INSTRUCTIONS:

**“We are now going to complete what we refer to as the life chart. With this study, we are interested in understanding events in your life that may contribute to how you think and feel now. We understand that you will be asked to complete many multiple choice questionnaires as well, but some events cannot be captured as well in that format. The life chart is a way to compile, or organize, events in your life into a timeline.**

**The format of the life chart is as follows:**

1. **We divide your life from birth to now into different time periods.**
2. **For each time period we are going to ask you a series of questions.**
3. **We would like you to tell us in your words what the events were, when they happened and how they affected you.**
4. **These events may include things that happened to you at home, at school, at work, with family or friends.**
5. **Sometimes details are difficult to remember or discuss, but we would like you to do the best you can.**
6. **For each time period we will ask you to rate how you felt overall on a scale from 1 (the worst you have ever felt) to 10 (the best you have ever felt). You can rate the time period as a 5 if it is neutral.**

**~~At the end of this interview, we will generate a graph that summarizes the events that happened throughout your life.~~ We would like to audio record the interview to make sure we don’t miss any important information to be included in the graph. ~~We will provide you with a copy of the audio file.~~**

**Do you have any questions before we get started?”**

For each time period, the interviewer asks each of the questions/prompts listed. For the most recent period, the number of years covered may be decreased to the number of years since the beginning of that specific period (e.g., if they are 28 years old, the last period would be from age 25-28). At follow-up, questions will only be asked for the time that has lapsed since the previous interview (e.g., the past 3 months).

Via a REDCap/R interface, a summary of the information collected in this interview will be saved to REDCap and printed out. This print out can then be used as a reference when conducting the MINI and other psychological interviews and can be provided to the subject for them to keep.

**INTERVIEW:**

SECTION A: Birth

**A1. When and where were you born?**

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Location: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*The DOB used to determine # of sections to administer (e.g., if 24 years old, only administer Sections A-E).

**A2. Were there any significant problems or details about your birth? (medical issues, premature, twins, etc.)**

Event 1 Summary: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*with ability to add additional lines as needed

SECTION B: Birth to Start of Elementary School

**B1. What was the approximate date you started elementary school?**

Date: \_\_\_\_\_\_\_\_\_

(if they can only say their age, help them to calculate what year that would have been and then ask for month)

(combining this answer with their birthdate gives the start and end date of this first time period)

\*If the subject did not attend elementary school, this period would pertain to ages 0-5.

**The next several questions will cover the period from birth until the time you started elementary school “in (insert year)” or “at age (insert age)” (repeat year or age indicated above)**

**B2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**B3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**B4. Prior to elementary school, did you attend a daycare or any other type of school?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(B4b) Describe approximately what dates/years you attended each:**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For type –enter “daycare” or “Pre-K” or something similar.

\*Have option of adding lines as needed

**B5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing with balls, etc.?)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**B6. What individuals were you closest to during this time? (for example, friends, family, teachers, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**B7. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(B7b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**B8. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, learning difficulties, to help with adjustment to divorce, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(B8b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**B9. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(B9b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but we are putting a start and end date possibility for the sake of consistency.

\*Have option of adding lines as needed

**B10. Did any bad things happen during this period (for example, illnesses, deaths in the family, divorce, problems in the family, or a parent, relative or friend treating you badly)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(B10b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by a parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**B11. Did any good things happen during this period (for example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(B11b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while others may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**B12. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION C: Elementary School Years

**C1. What was the approximate date you finished elementary school?**

Date: \_\_\_\_\_\_\_\_\_

(combining this answer with the date they began elementary school (provided above) gives the start and end date of this first time period)

\*If subject did not attend elementary school, this period would consist of ages 5-10 years.

**The next several questions will cover the time you were in elementary school “in (insert year)” or “at age (insert age)” (repeat year or age indicated above).**

**C2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**C3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**C4. Describe the schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, immersion, etc.

\*Have option of adding lines as needed

**C5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**C6. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**C7. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(C7b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**C8. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, learning difficulties, to help with adjustment to divorce, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(C8b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**C9. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(C9b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but we are putting a start and end date possibility for the sake of consistency.

\*Have option of adding lines as needed

**C10. Did any bad things happen during this period (for example, illnesses, deaths in the family, divorce, problems in the family, or a parent, relative or friend treating you badly)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(C10b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**C11. Did any good things happen during this period (for example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(C11b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**C12. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION D: Middle School or Junior High Years

**D1. What was the approximate date you finished middle school or junior high (the school immediately prior to high school)?**

Date: \_\_\_\_\_\_\_\_\_

(combining this answer with the date they began elementary school (provided above) gives the start and end date of this first time period)

\*If subject did not attend middle school or junior high, this period would consist of ages 11-14 years.

**The next several questions will cover the time you were in middle school “in (insert year)” or “at age (insert age)” (repeat year or age indicated above).**

**D2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**D3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**D4. Describe the schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, immersion, etc.

**D5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**D6. Did you have a job or employment of any sort during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(D6b) Describe briefly the type of job, the dates you held that job, and whether it was part-time or full-time.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_Part-time \_\_\_Full-time

\*Have option of adding lines as needed for multiple jobs.

**D7. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

\*Have option of adding lines as needed

**D8. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(D8b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**D9. Did you see any mental health professional for any reason? (for example, for mood or anxiety, behavior problems, learning difficulties, to help with adjustment to divorce, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(D9b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**D10. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(D10b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but are putting a start and end date possibility for consistency sake.

\*Have option of adding lines as needed

**D11. Did any bad things happen during this period (for example, illnesses, deaths in family, divorce, problems in the family, or a parent, relative or friend treating you badly)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(D11b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**D12. Did any good things happen during this period (for example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(D12b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**D13. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION E: High School Years

**E1. What was the approximate date you finished high school?**

Date: \_\_\_\_\_\_\_\_\_

(combining this answer with the date they began elementary school (provided above) gives the start and end date of this first time period)

\*If subject did not attend high school, this period would consist of ages 15-18 years.

**The next several questions will cover the time you were in high school “in (insert year)” or “at age (insert age)” (repeat year or age indicated above).**

**E2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**E3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**E4. Describe the schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, immersion, etc.

**E5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**E6. Did you have a job or employment of any sort during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(E6b) Describe briefly the type of job, the dates you held that job, and whether it was part-time or full-time.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_Part-time \_\_\_Full-time

\*Have option of adding lines as needed for multiple jobs.

**E7. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**E8. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(E8b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**E9. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, to help with adjustment to school or divorce, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(E9b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**E10. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(E10b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but are putting a start and end date possibility for consistency sake.

\*Have option of adding lines as needed

**E11. Did any bad things happen during this period (for example, illnesses, deaths in family, divorce, problems in the family, or a parent, relative or friend treating you badly)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(E11b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**E12. Did any good things happen during this period (for example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(E12b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**E13. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION F: Young Adult Years

**F1. What was the date you turned 25?**

Date: \_\_\_\_\_\_\_\_\_

\*would be nice if this was auto-filled based on their birthdate

**The next several questions will cover the time between when you finished high school** (or age 18 if they did not complete high school) **until the age of 25** (or current age if younger)**.**

**F2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.** Average Mood Rating: \_\_\_\_\_\_\_\_\_

**F3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**F4. Describe any schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, community college, university, technical certification school, graduate school, medical school, etc.

\*Have option of adding lines as needed

**F5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**F6. Did you have a job or employment of any sort during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(F6b) Describe briefly the type of job, the dates you held that job, and whether it was part-time or full-time.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_Part-time \_\_\_Full-time

\*Have option of adding lines as needed for multiple jobs.

**F7. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**F8. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(F8b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**F9. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, substance abuse, adjustment to college, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(F9b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**F10. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(F10b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but are putting a start and end date possibility for consistency sake.

\*Have option of adding lines as needed

**F11. Did any bad things happen during this period (for example, illnesses, deaths in family, divorce, problems in the family, assaults, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(F11b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**F12. Did any good things happen during this period (for example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(F12b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**F13. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION G: Ages 25-35

**G1. What was the date you turned 35?**

Date: \_\_\_\_\_\_\_\_\_

\*would be nice if this was auto-filled based on their birthdate

**The next several questions will cover the period of time in which you were age 25-35** (or current age if younger)**.**

**G2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**G3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**G4. Describe any schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, community college, university, technical certification school, graduate school, medical school, etc.

\*Have option of adding lines as needed

**G5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**G6. Did you have a job or employment of any sort during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(G6b) Describe briefly the type of job, the dates you held that job, and whether it was part-time or full-time.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_Part-time \_\_\_Full-time

\*Have option of adding lines as needed for multiple jobs.

**G7. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**G8. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(G8b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**G9. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, substance abuse, adjustment to college, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(G9b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**G10. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(G10b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but are putting a start and end date possibility for consistency sake.

\*Have option of adding lines as needed

**G11. Did any bad things happen during this period (For example, illnesses, deaths in family, divorce, problems in the family, assaults, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(G11b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (, the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**G12. Did any good things happen during this period (For example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(G12b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful Summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**G13. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION H: Age 35-45

**H1. What was the date you turned 45?**

Date: \_\_\_\_\_\_\_\_\_

\*would be nice if this was auto-filled based on their birthdate

**The next several questions will cover ages 25-35** (or current age if younger)**.**

**H2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**H3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**H4. Describe any schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, community college, university, technical certification school, graduate school, medical school, etc.

\*Have option of adding lines as needed

**H5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**H6. Did you have a job or employment of any sort during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(H6b) Describe briefly the type of job, the dates you held that job, and whether it was part-time or full-time.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_Part-time \_\_\_Full-time

\*Have option of adding lines as needed for multiple jobs.

**H7. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**H8. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(H8b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**H9. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, substance abuse, adjustment to college, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(H9b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**H10. Did anything change with your family during this period? (For example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(H10b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but are putting a start and end date possibility for consistency sake.

\*Have option of adding lines as needed

**H11. Did any bad things happen during this period (For example, illnesses, deaths in the family, divorce, problems in the family, assaults, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(H11b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**H12. Did any good things happen during this period (For example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(H12b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**H13. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed

SECTION I: Age 45-55

**I1. What was the date you turned 55?**

Date: \_\_\_\_\_\_\_\_\_

\*would be nice if this was auto-filled based on their birthdate

**The next several questions will cover ages 25-35** (or current age if younger)**.**

**I2. How would you rate your general mood during this period of your life? While we recognize your mood was not the same throughout, we would like a rating of how your mood was *on average*. As a reminder, this is on a scale of 1-10, with 1 being the worst and 10 being the best mood you have experienced.**

Average Mood Rating: \_\_\_\_\_\_\_\_\_

**I3. During this time period, where did you live (for example city, state, country if not U.S.)?**

(Follow-up questions: *Did you live in that location during the entire period of childhood up until elementary school?* If not: *Where else did you live and when did you move?* Use additional prompts as needed to obtain the approximate dates in which they lived in each location.)

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_ Country: \_\_\_\_\_\_\_\_

\*if the subject lived in multiple places during this time (e.g., moved during this period), allow to add lines as needed.

**I4. Describe any schools you attended during this period and the approximate dates you attended each.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*For description – can enter the exact school name (if known) and/or the type of school, such as private, public, community college, university, technical certification school, graduate school, medical school, etc.

\*Have option of adding lines as needed

**I5. What were some of the things you liked doing, for example hobbies or activities (for example, reading, playing a sport, etc.)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Some hobbies may have been present during the entire time period and so start and end would be the same as the time period in question. However, they could have really gotten into one hobby for part of the time period (e.g.,for just a few months), in which case the start and end date could be different.)

\*Have option of adding lines as needed

**I6. Did you have a job or employment of any sort during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(I6b) Describe briefly the type of job, the dates you held that job, and whether it was part-time or full-time.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Description: \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_Part-time \_\_\_Full-time

\*Have option of adding lines as needed for multiple jobs.

**I7. What individuals were you closest to during this time? (friends, family, romantic relationships)**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Relationship to person 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Be able to add people, depending on how many people they say

\*Relationship to person could be “mother”, “father”, “brother”, “neighbor”, “friend from school”, etc.

\*The start and end dates may be the same as the entire time period, but for example, if they were close to a friend who moved away half way through the time period, it could be different.

**I8. Did you have any experiences with alcohol or drugs during this period?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(I8b) Describe briefly (if known) what drugs you were exposed to and how.**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Drug: \_\_\_\_\_\_\_\_\_\_ Frequency: \_\_\_\_\_\_\_\_\_

How: \_\_\_ Direct intake \_\_\_ Second-hand exposure (e.g., parents smoking around them as a child)

\*If exposed to the same thing, in the same way, multiple times, include the start and stop dates of that entire time period (e.g., if exposed a few times per year, insert the start and end dates of that period).

\*If multiple types or ways of exposure, enter multiple lines.

**I9. Did you see a mental health professional for any reason? (for example, for mood or anxiety, behavior problems, substance abuse, adjustment to college, etc. )**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(I9b) Describe briefly each period in which you were seen by a mental health professional:**

Start date: \_\_\_\_\_ End Date: \_\_\_\_\_ Reason for going: \_\_\_\_\_\_\_\_ Type of treatment: \_\_\_\_\_\_\_\_\_\_\_

\*Reason for going could include “mood” or “behavior” while the type of treatment may include “family therapy” or “medications”, etc.

\*Have option of adding lines as needed

**I10. Did anything change with your family during this period? (for example, were there births or adoptions of siblings, did your parents get married or divorced, etc.)**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(I10b) Please provide a brief description of these changes and the approximate date each occurred.**

After they give a response: **In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to this change.**

[Obtain a brief description, date, and mood rating for each event they provide]

Start Date: \_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Event Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood rating: \_\_\_\_\_\_\_\_

\*For Event type, enter brief explanation, such as “Parent remarried” or “Sister was born”.

\*Most of these will only have one date to enter (e.g., date of sibling birth, date of divorce, etc.) but are putting a start and end date possibility for consistency sake.

\*Have option of adding lines as needed

**I11. Did any bad things happen during this period (for example, illnesses, deaths in family, divorce, problems in the family, assaults, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(I11b) Describe briefly each bad event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date someone died) while other may have a start and end date (e.g., abuse by the parent that lasted years).

\*Please prompt them to also indicate any events they may have mentioned in other sections that did not include mood ratings. For example, if they would count one of their moves as stressful – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**I12. Did any good things happen during this period (for example, births, memorably family vacations, etc.)?**

\_\_\_\_ YES \_\_\_\_ NO

**IF YES:**

**(I12b) Describe briefly each good event that happened and the approximate date each occurred. In addition, we would like you to estimate your how your mood was (on the scale of 1-10) in response to each of these events.**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Type: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mood Rating: \_\_\_\_\_\_\_\_

\*Some events may just have one date (e.g., the date their sister was born) while other may have a start and end date (e.g., going to a meaningful summer camp)

\*Please prompt them to also indicate any events they may have mentioned in other sections. For example, if they would count one of their moves as a positive event – this should be entered here as well. Changes to their family makeup are covered in the previous question, so no need to enter these.

\*Have option of adding lines as needed

**I13. Is there anything else that happened during this time period that you would like to share, which has not already been covered?**

Start date: \_\_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_\_ Brief Description: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mood rating (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Have option of adding lines as needed